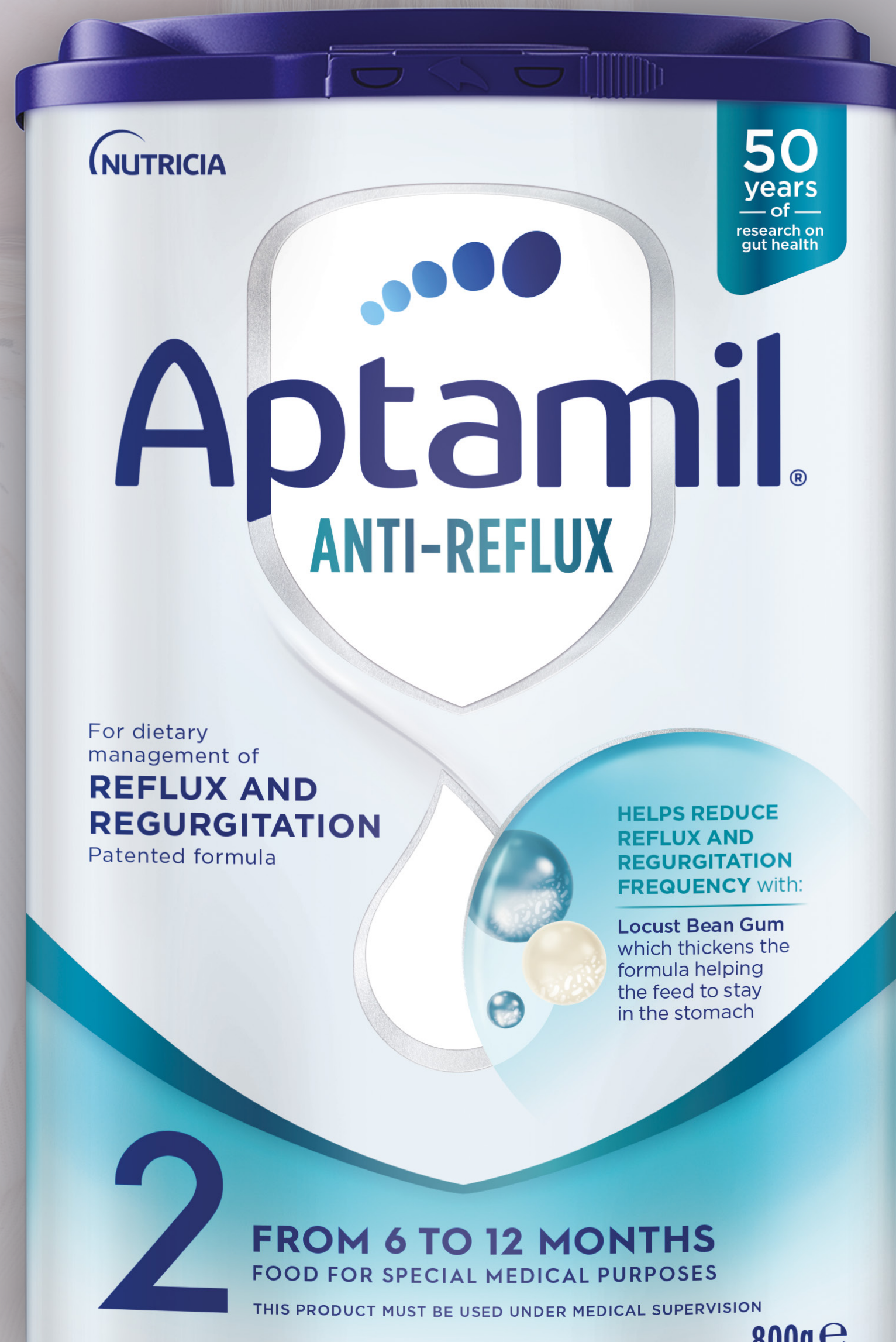
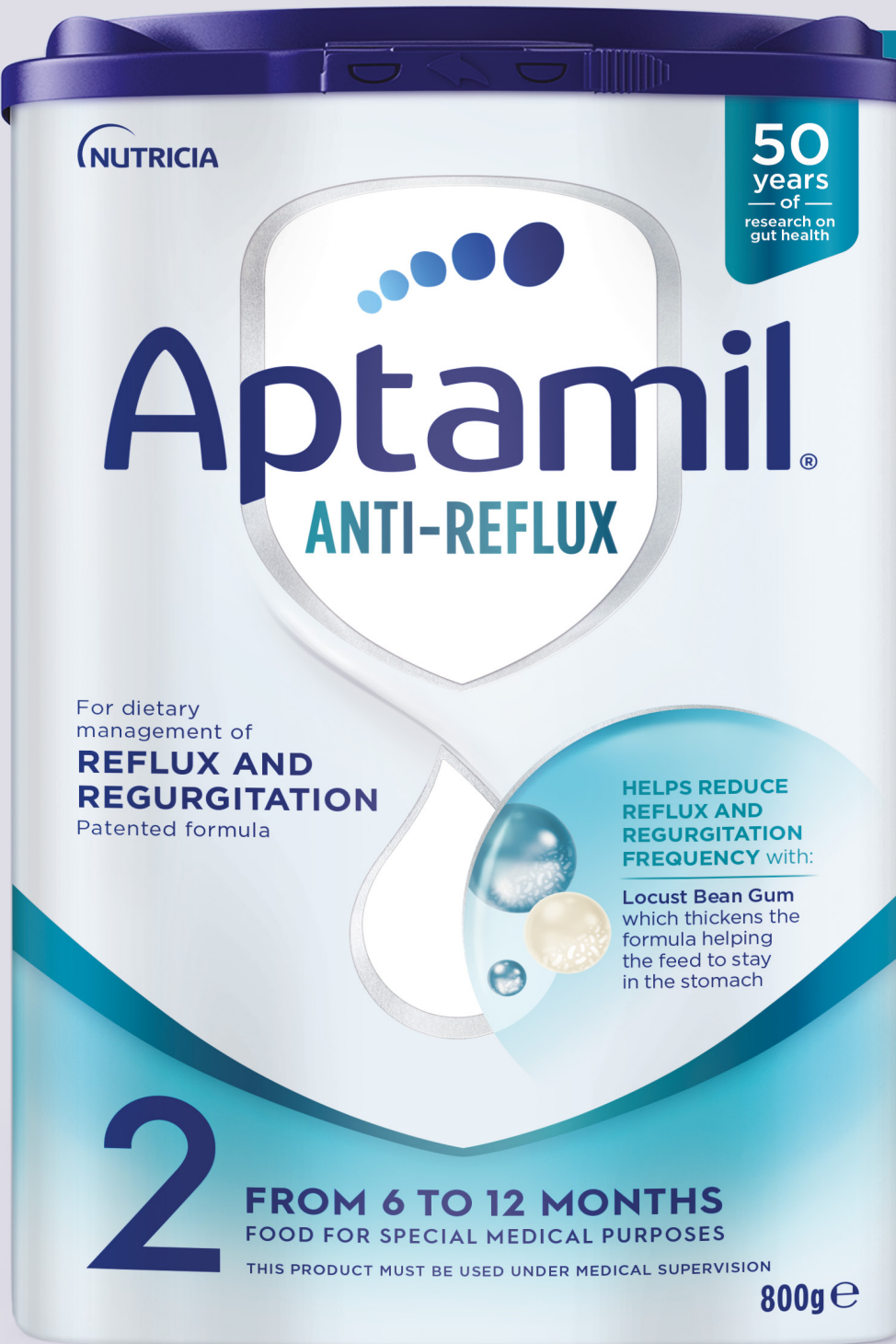


TOUCH TO START



The Aptamil Nutritional Approach

Two products clinically proven to reduce GI symptoms and help improve family quality of life¹⁻¹¹⁺



Now studied in **+3,000 infants** with regurgitation¹⁻⁴⁺

Reflux & Regurgitation

Key features:

- Proven to reduce regurgitation episodes by 78%¹²
- Improves overall GI burden over time^{1,2}

Key ingredients:

- Carob bean gum
- Prebiotic Oligosaccharides scGOS/lcFOS (9:1)
- Postbiotics produced by Lactofidus™ process



Supported by **over 25 years of research** in >1,000 infants⁵⁻¹¹

Colic & Constipation

Key features:

- Reduces crying episodes⁵ and improves stool consistency and frequency^{6,7}
- Improved infant and family quality of life⁸
- Symptoms improvement reported by parents in 24H^{13*}

Key ingredients:

- Beta-palmitate
- Partially hydrolysed whey protein
- Prebiotic Oligosaccharides scGOS/lcFOS (9:1)
- Reduced lactose

⁺The AR test formulas of the Bellaiche 2021, Salvatore 2024 and Bellaiche 2023 studies contained CBG, prebiotics and postbiotics. The Tounian 2020 study AR formula contained CBG and postbiotics.

^{*}Survey conducted among parents of infants with mild digestive disorders consuming Aptamil Comfort product [n=29] (Spain, September 2022).

For healthcare professionals only. Not for distribution to general public.

Aptamil AR: Aptamil AR is food for special medical purposes for the dietary management of reflux and regurgitation. It should only be used under medical supervision, after full consideration of the feeding options available including breastfeeding. Suitable as sole source of nutrition from birth till 6 months and as part of a balanced diet from 6-12 months. For enteral use only. Not suitable for intravenous use; for cows' milk allergy or lactose intolerance and for vegetarians. This product should not be used in combination with antacids or other feed thickeners and in preterm infants.

Aptamil Comfort: Aptamil Comfort is food for special medical purposes for the dietary management of colic and constipation. It should only be used under medical supervision, after full consideration of the feeding options available including breastfeeding. Suitable as sole source of nutrition from birth till 6 months and as part of a balanced diet from 6-12 months. For enteral use only. Not suitable for intravenous use; for cows' milk allergy or lactose intolerance and for vegetarians.



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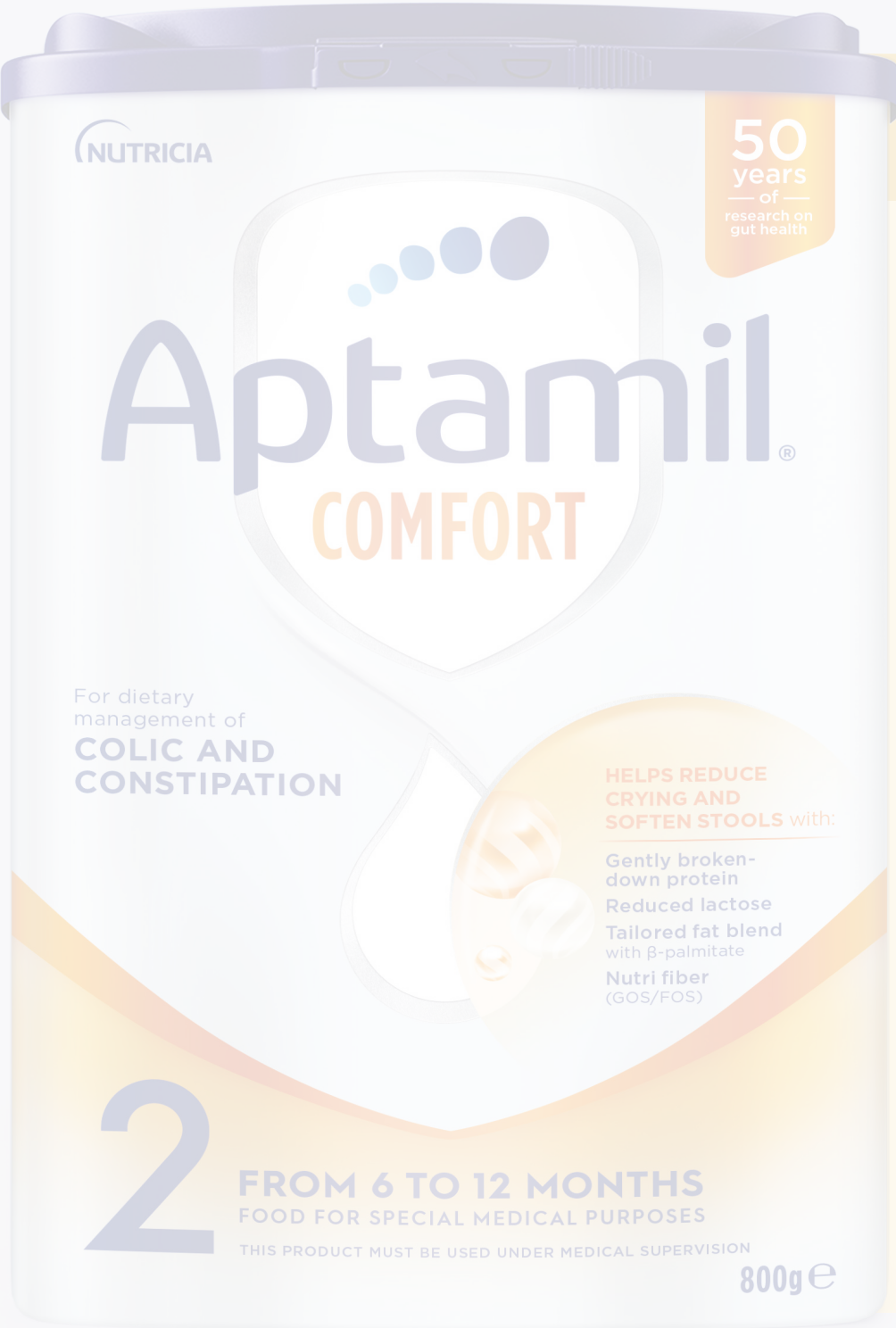
Reflux & Regurgitation

Key features:

- Proven to reduce regurgitation episodes

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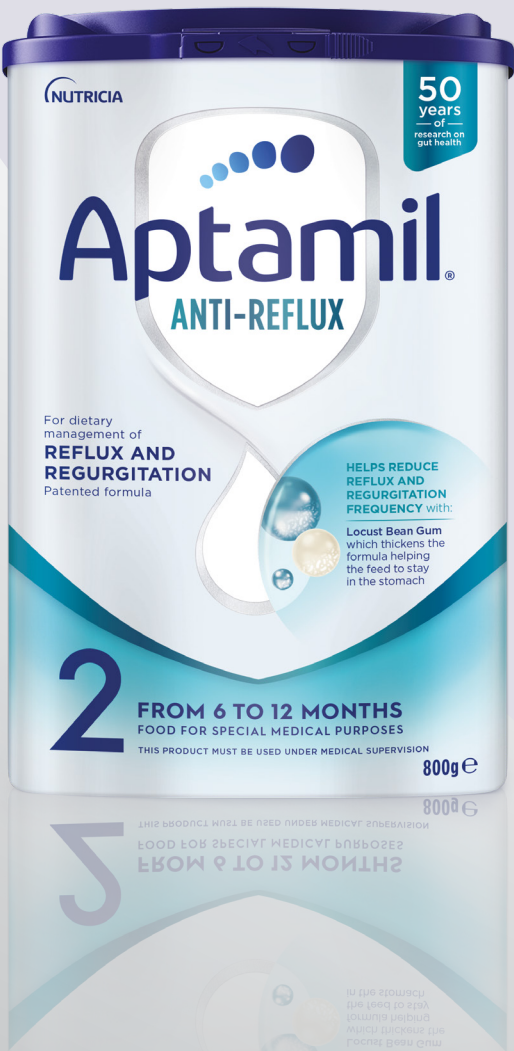
Anti-Reflux & Comfort Formulas

Infographic

Booklet

Clinical Evidence

Video



Anti-Reflux & Comfort Formulas

Infographic

Booklet

Clinical Evidence

Video





Learn more about the Nutritional approach to Functional Gastrointestinal Disorders (FGIDs)



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THE NUTRITIONAL APPROACH TO FUNCTIONAL GASTROINTESTINAL DISORDERS (FGIDs)

In the first year of life, infants are prone to FGIDs, such as colic, constipation and regurgitation causing gastrointestinal (GI) symptoms, which can be extremely distressing for both the infant and the concerned parents.^{1,2}

More than 50% of infants have at least one FGID^{1,3} or related sign and symptoms*

REFLUX & REGURGITATION
COLIC
CONSTIPATION

THE IMPACT OF FGIDs

INFANT'S SHORT- AND LONG-TERM HEALTH^{3,5}

Some studies have shown that FGIDs, especially colic may have an impact later on in childhood, such as future GI problems or behavioural/developmental problems.^{3,5}

FAMILY QUALITY OF LIFE^{4,6,7}

Symptoms can lead to discomfort and crying for the infant and parental anxiety and distress.^{4,6,7}

PUBLIC HEALTHCARE COSTS⁸

Up to **28% of infant visits** to the paediatrician are for gastrointestinal symptoms.⁸

Anti-Reflux

Comfort

When FGIDs are present NUTRITION FIRST

By offering appropriate advice and reassurance to parents, guidance, healthcare professionals can help to reduce infant distress and improve the quality of life for the family while protecting infant health.

Learn more about NUTRITION FIRST here

IMPORTANT NOTICE: Breastfeeding is best for babies. Comfort formula and anti-regurgitation (AR) formula are Foods for Special Medical Purposes. They should only be used under medical supervision, after full consideration of feeding options. They are not a substitute for breast milk. They are not intended for use as a sole source of nutrition. They are not intended for use as a sole source of nutrition. They are not intended for use as a sole source of nutrition.

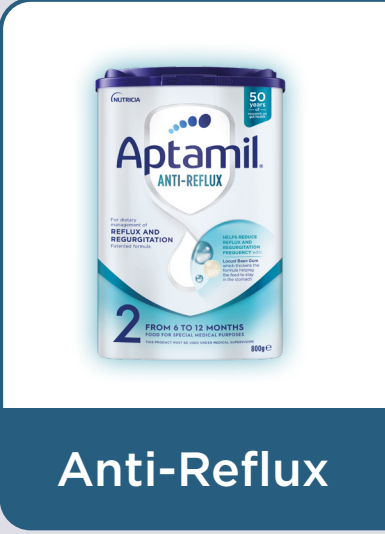
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Want to discover more about the evidence behind anti-regurgitation?



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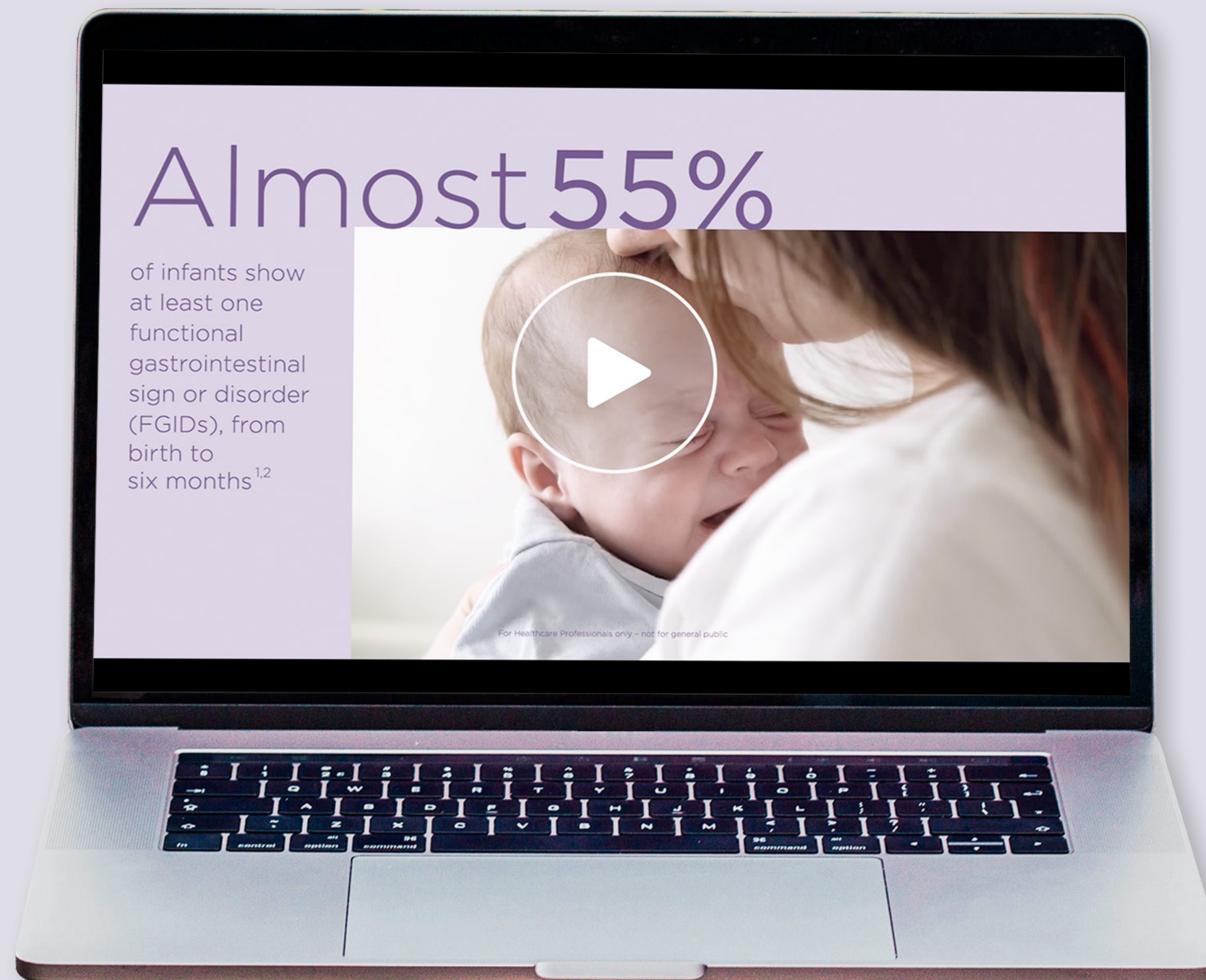




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Comfort