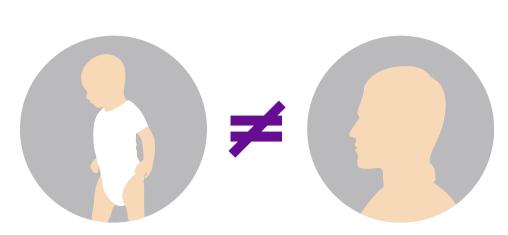
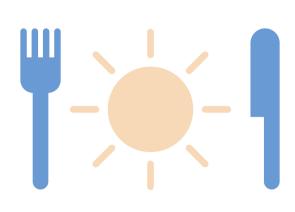
IMPACT OF YOUNG CHILD FORMULA (YCF) CONSUMPTION ON



IRON & VITAMIN D STATUS

Young children **ARE NOT** mini adults, they have specific nutritional needs.





Iron and vitamin D deficiency is a legitimate concern.

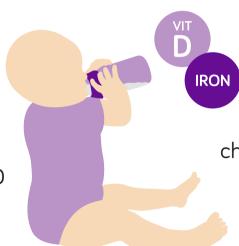
A BALANCED DIET AND **MODERATE SUN EXPOSURE**

are recommended to reduce the risk of this deficiency but these recommendations are difficult to follow in practice.

Scientific evidence suggests that fortified foods such as

YOUNG CHILD **FORMULA**

help to improve vitamin D and maintain iron status in young children.



YCF could be a **PRACTICAL OPTION**

for parents whose children do not receive enough iron and vitamin D from other sources.

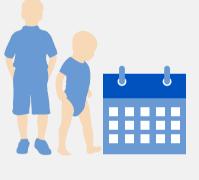
THE **IDEA** STUD'

A randomised double-blind controlled study.

318

children aged 1-3 years





The parameters were analysed via venous **BLOOD** SAMPLES.



CONTROL PRODUCT

NON-FORTIFIED cow's milk

IRON 0.02 mg 100ml



TESTED PRODUCT



with

FORTIFIED



1.7 µg 100ml

1.2 mg 100ml

RESULTS

CONTROL GROUP YCF GROUP 58% **IRON** less likely deficiency to be deficient 78% VIT. D less likely deficiency to be deficient

YCF use for 20 weeks

PRESERVES IRON STATUS and **IMPROVES VITAMIN D STATUS** in healthy young children in western Europe.