

YOUNG CHILD NUTRITION

BRIDGING THE NUTRITIONAL GAP BEYOND INFANCY



Nutrition plays a crucial role in toddlerhood. Adequate intake of nutrients can be challenging during this time.

Young Child Formula (YCF) compliments the diversified diet of toddlers for healthy growth and development.1

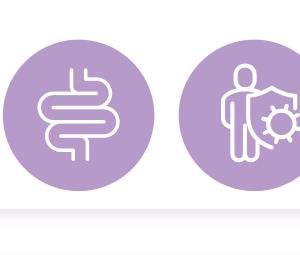
Toddler Adult Infant Teenager Toddlers need up to 5 times more nutrients

Toddlers have an accelerated growth and development, reflected by their nutritional demands²

This rapid growth is paralleled by the development of organs

like the brain, gut, and immunity.⁵





than adults per kg body weight^{3,4} 2.5xmore



Toddlers **are not** mini adults as growth and development are still accelerated compared with older children and adults

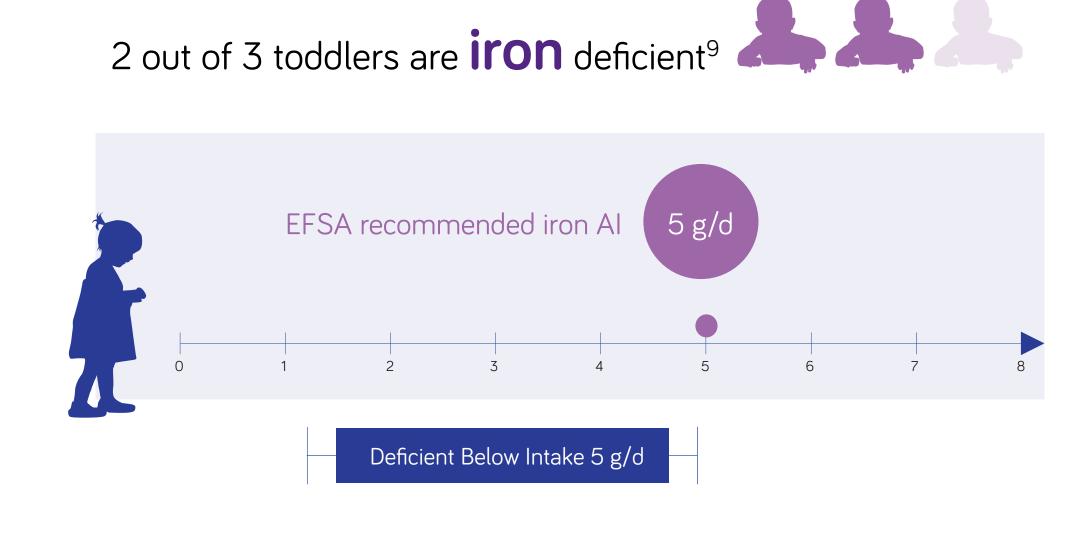
A well-balanced nutrition for toddlers, with an adequate intake of macro and micronutrients, is crucial for their growth, development, and overall short and long term health outcomes.²⁻⁶



Despite many nutritional recommendations, there is a high prevalence of toddlers not meeting nutritional requirements across geographies.^{7,8} FIBRE **PROTEIN** TOO TOO **MUCH** LITTLE

Children who receive good nutrition are set on the path to survive and thrive. When well-nourished, they grow, develop, learn, play, participate, and contribute.

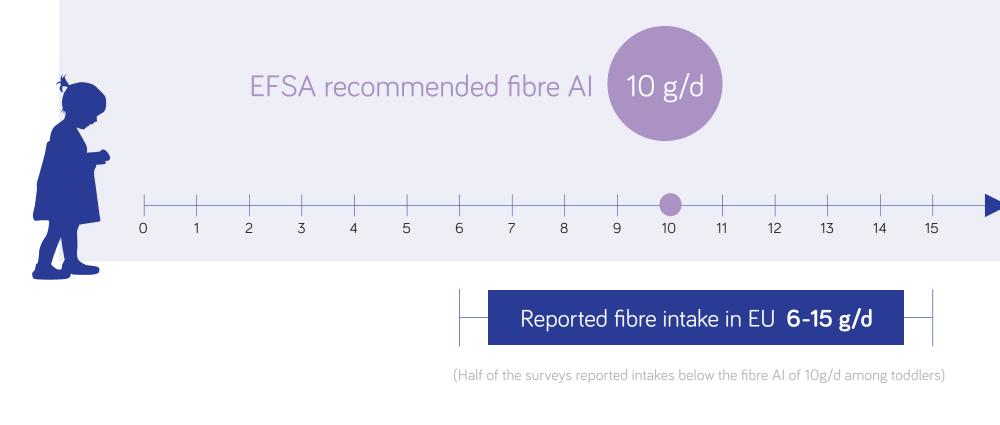
IN FACT:



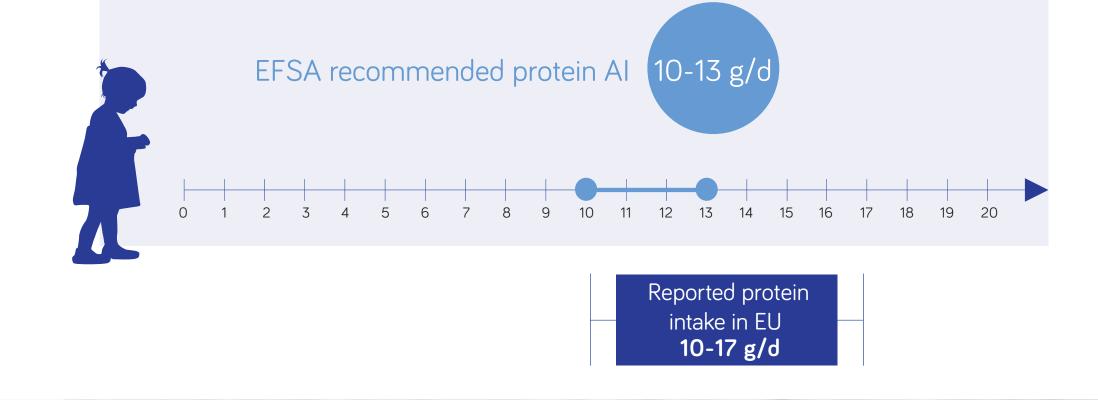
EFSA recommended fibre Al

Toddlers consume insufficient amounts of **fibre** via

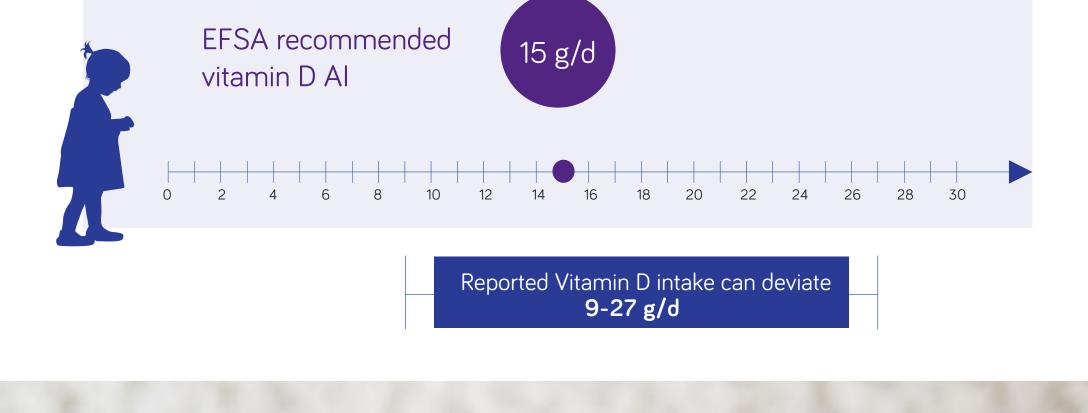
their daily diet¹⁰



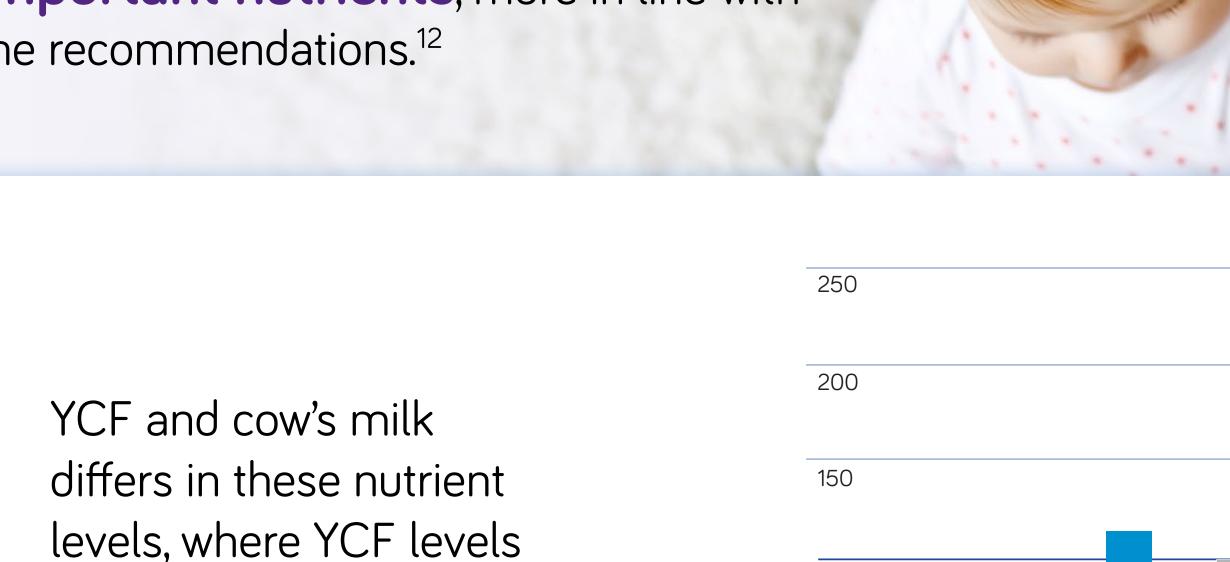
Toddlers consume excessive amounts of **protein** via their daily diet^{10,11}



Toddlers can also become deficient in other micronutrients, such as **vitamin** D depending on their geographical location¹⁰



Replacing cow's milk with YCF, can help toddlers to improve their intake of important nutrients, more in line with the recommendations.¹²



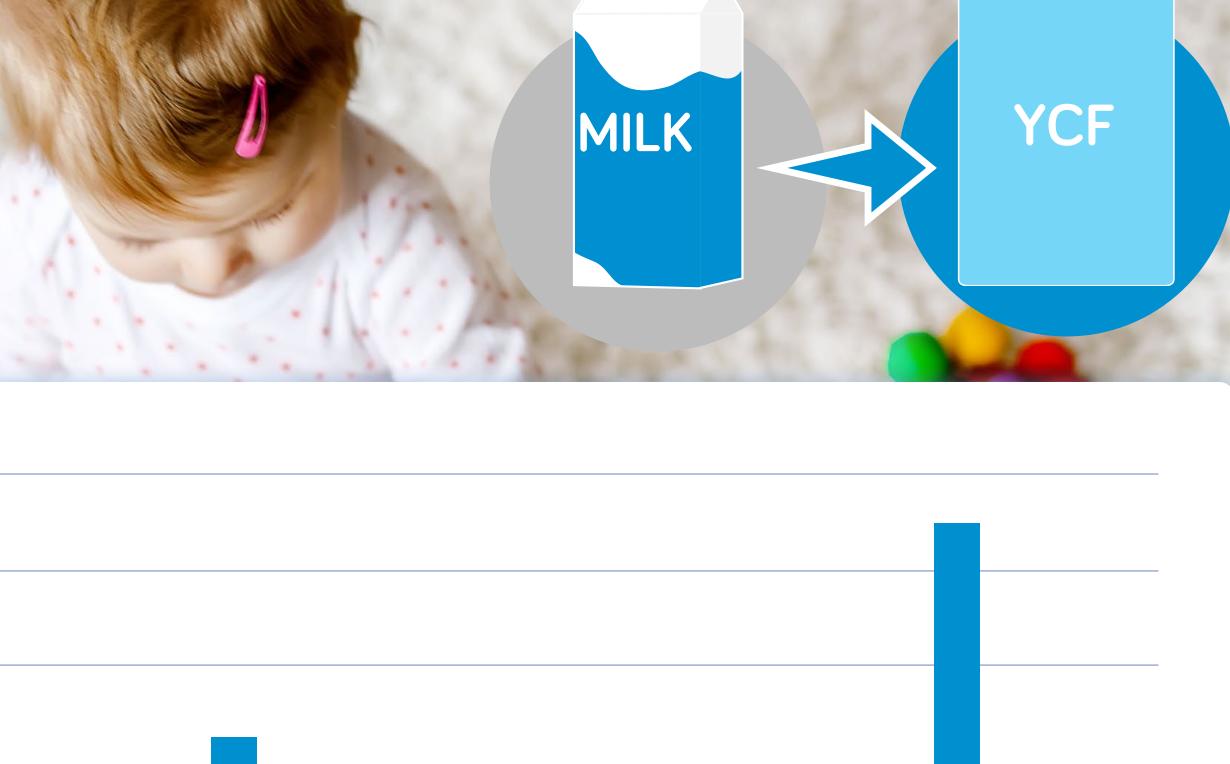
100

50

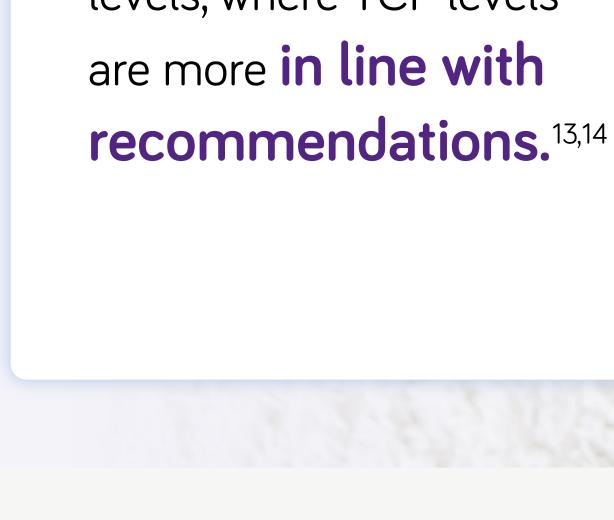
0

Calcium

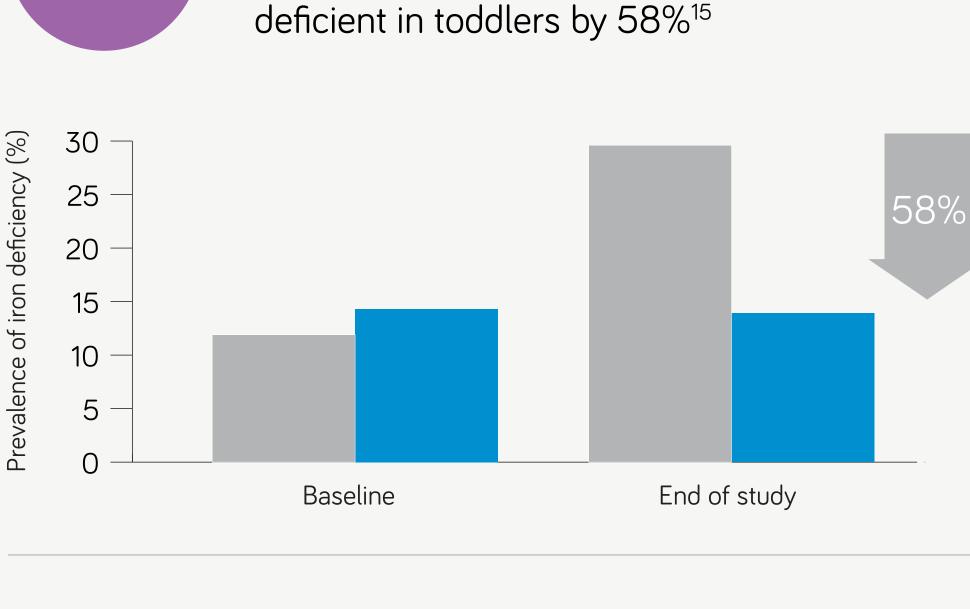
Vitamin B2 Vitamin B12



lodine

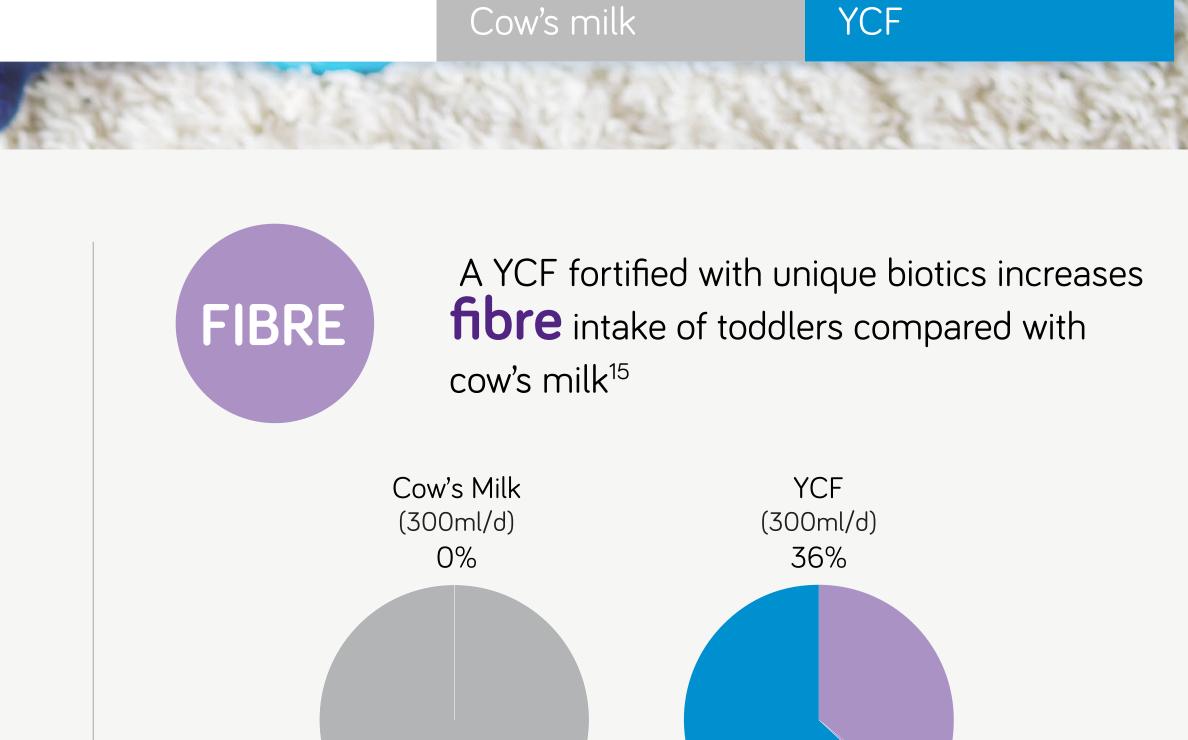


IRON



A study showed that an iron fortified

YCF reduces the chance of being iron



Iron

Vitamin C

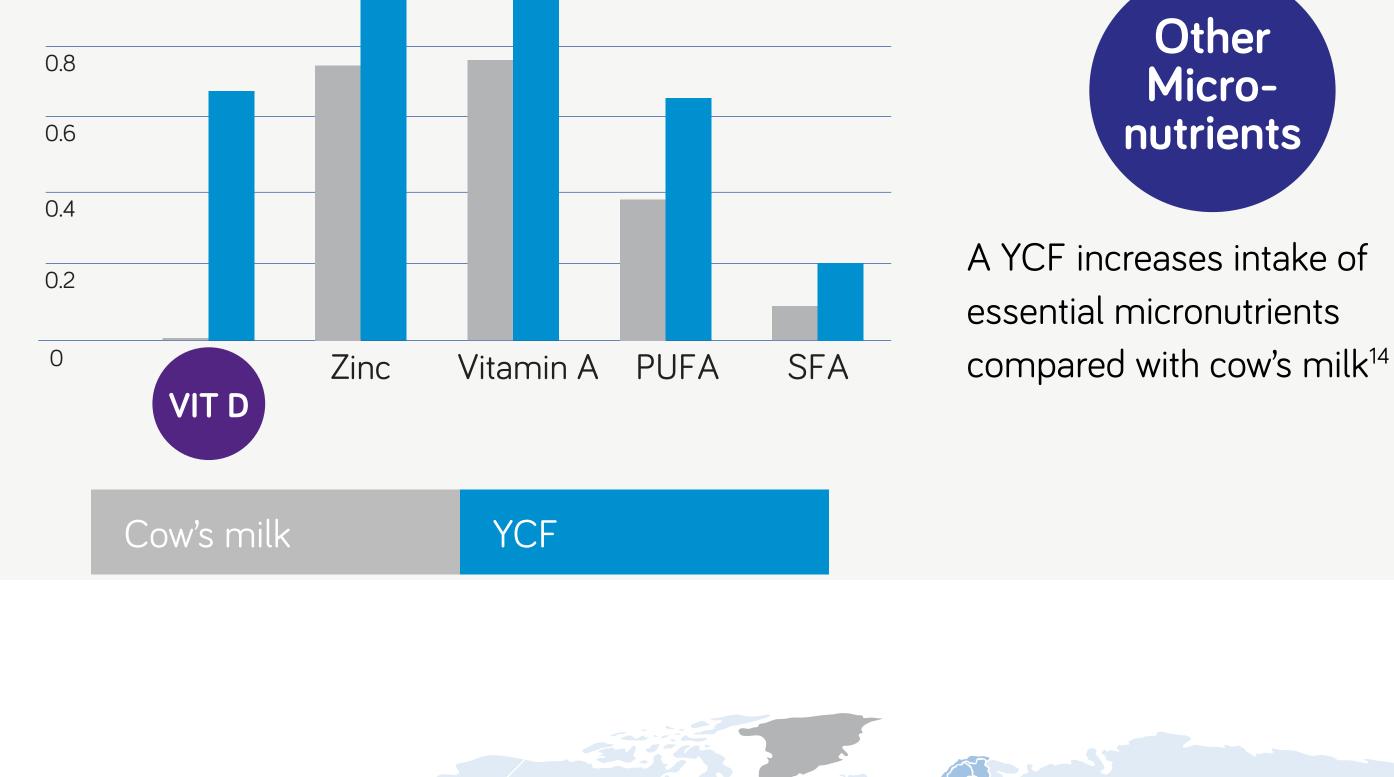
Sodium

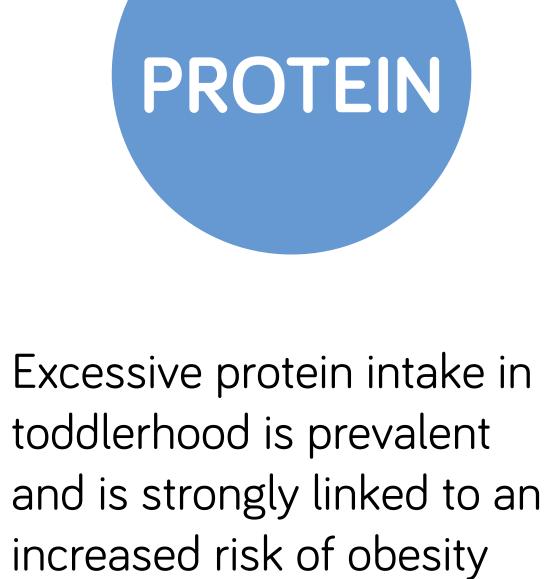
1.8g

fibre/100kcal

Vitamin D

0.8 VIT D 0.6



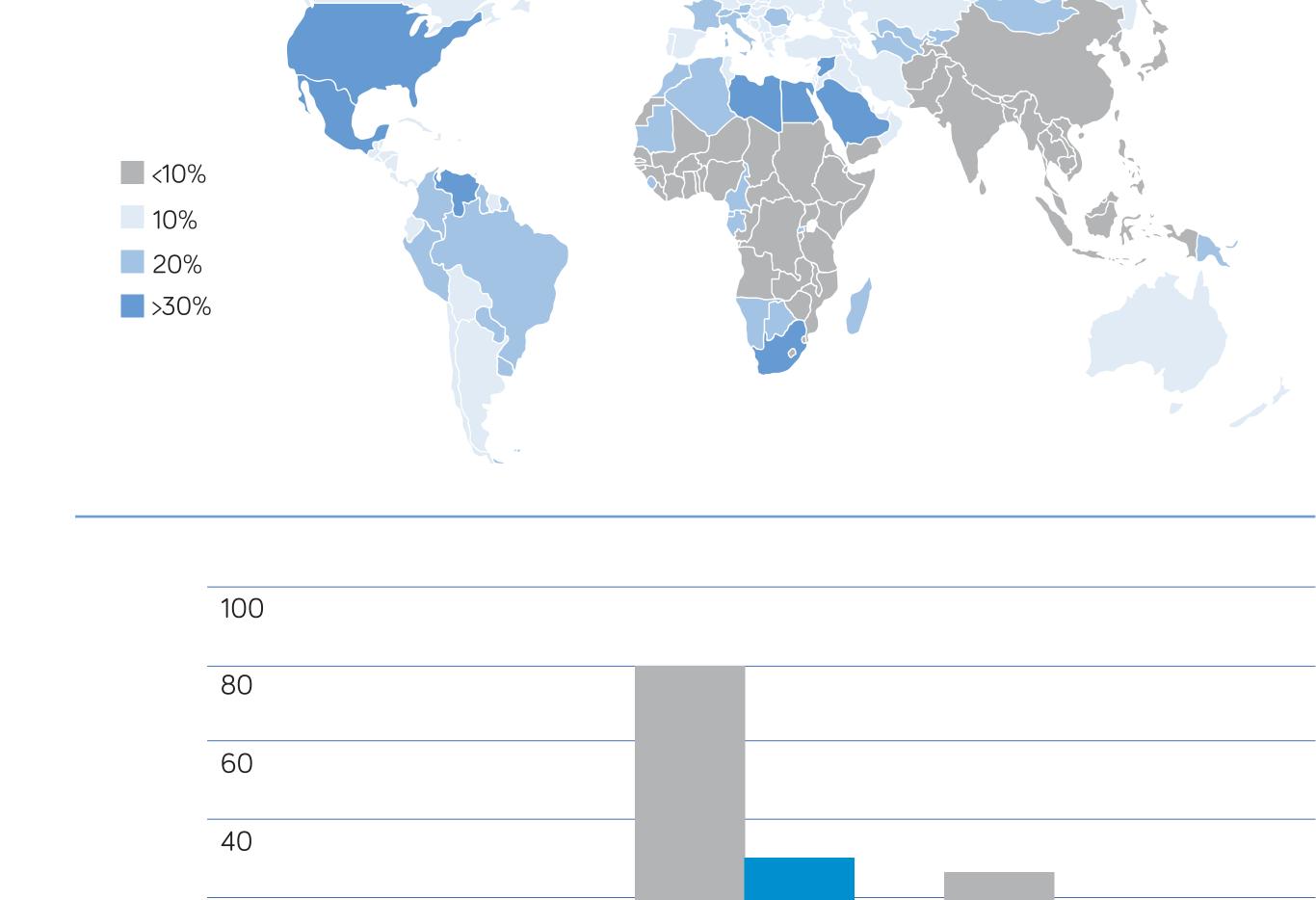


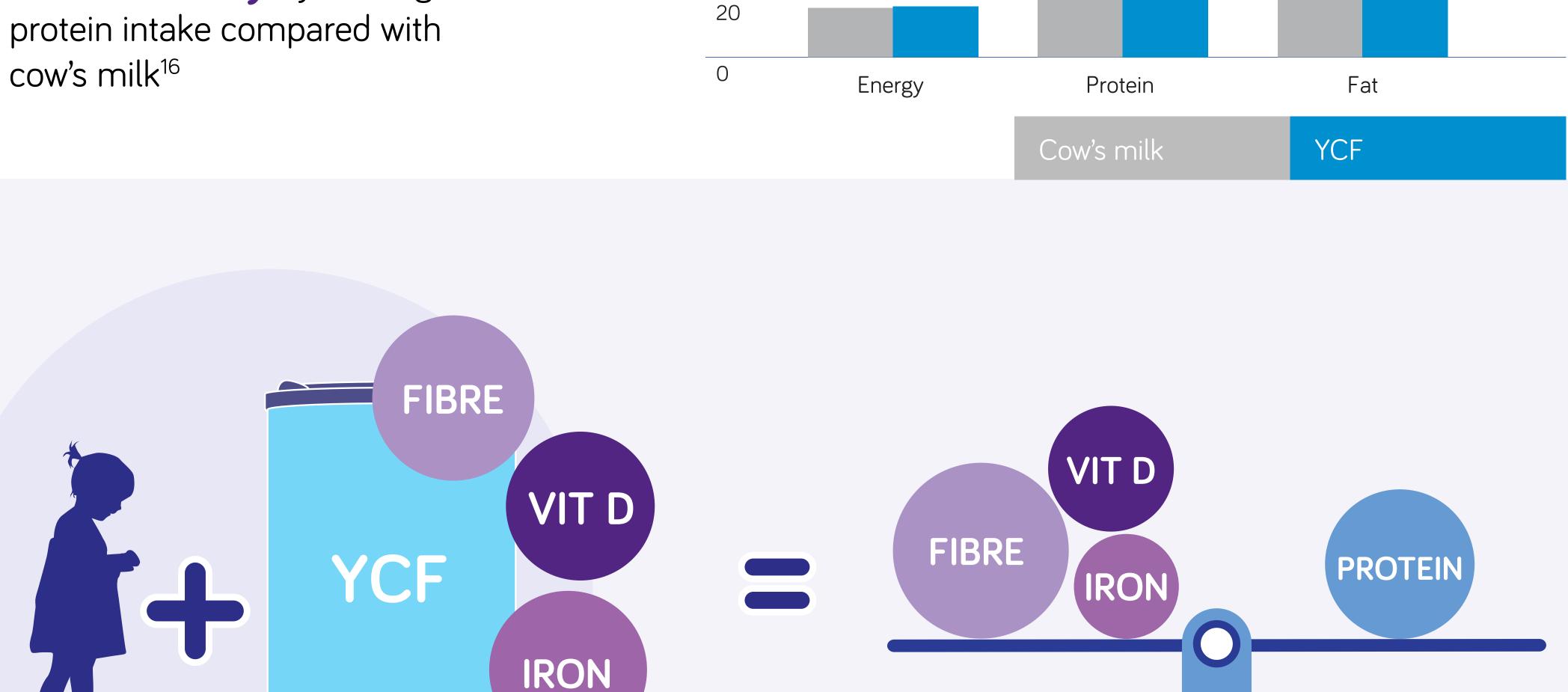
A study showed that a YCF

compared with cow's milk¹⁴

increases **vitamin D** intakes







PROTEIN Balancing the nutritional gap

ENHANCE YOUR TODDLER'S DIET

BY INCORPORATING YOUNG CHILD FORMULA

FOR OPTIMAL NUTRITION AND GROWTH

FOR HEALTHCARE PROFESSIONALS ONLY - NOT FOR DISTRIBUTION TO GENERAL PUBLIC.

