

For Health Care Professionals Only

NUTRICIA
Fortimel[®]

KEY NUTRITIONAL ADVANTAGES TO SUPPORT YOUR PATIENTS

Helps to **improve adherence** to ONS

Brings **variety** into the patients diet

Available in **3 refreshing flavors**

Suitable for patients who follow **fat-restricted diet**



Fortimel Jucy Plus is a food for special medical purposes for the dietary management of disease related malnutrition. It must be used under medical supervision only.

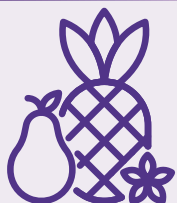
PROVIDING VARIETY TO SUPPORT PATIENTS ADHERENCE TO ONS



Taste fatigue, or sensory-specific satiety, is a common phenomenon, that impacts patient nutrition intake and directly affects treatment compliance, recovery period, quality of life and emotional well-being.¹



Diverse range of Oral Nutrition Supplements (ONS) helps patients to find a product that fits their preferences and tastes, that can lead to the increase of their willingness to consume ONS regularly, ensuring they meet their nutritional targets.²



Providing a wide selection of ONS flavors and options enhances patient satisfaction and adherence to their prescribed regimen. As a result, it can have a positive impact on patient outcomes and overall well-being.²



Juice-style ONS offer a key advantage for patients who are looking of an alternative to dairy-style ONS. In return, it can increase overall ONS consumption, thus improves nutrients intake.³



NUTRICIA Fortimel[®] Jucy Plus

AN INNOVATION SUPPORTED BY EVIDENCE⁴

IN A SINGLE ARM, 4-WEEK INTERVENTION STUDY AMONG
COMMUNITY-LIVING PATIENTS AT RISK OF MALNUTRITION:



Patients were **84%** compliant to their prescription of Fortimel Jucy Plus over the 4 week intervention.



Fortimel Jucy Plus **significantly increased daily energy intake** ($+341 \pm 306$ kcal/day; $p=0.001$) compared to baseline.



GI symptoms were stable throughout the study, with clinicians confirming that **90% of patients tolerated ONS well**



Malnutrition risk according to MUST* score **was significantly reduced** (from 15 to 11; $p= 0.02$) in patients at high nutritional risk over the 4-week intervention period.

4. Delsoglio M, et al. Abstract no. ESPEN23-LB56-W. Presented at ESPEN Congress, Lyon, 11th-14th September 2023

* Malnutrition Universal Screening Tool

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Pear Elderflower
flavour

Cool Raspberry
flavour

Mango Pineapple
flavour



FORTIMEL JUCY PLUS

Enhances your patients adherence journey by offering alternatives to milk-based ONS⁵

12g of protein

300kcal in 200ml format

Fat free

Contains essential **vitamins** and **minerals**

Lactose free

Find more information about our products on [Nutricia.com](https://www.nutricia.com)

