

YOU CAN MAKE A DIFFERENCE

**KEEP ON SUPPORTING  
THEIR EVOLVING NEEDS.**

**FOR HEALTHCARE PROFESSIONALS ONLY.**

Fortimel PlantBased Protein is food for special medical special medical purposes for the dietary management of disease related malnutrition. It must be used under medical supervision.

NUTRICIA  
**Fortimel®**  
THE STRENGTH IN YOU



**YOUR EXPERT PARTNER  
IN NUTRITIONAL CARE  
FOR OLDER PATIENTS**

# ADHERENCE TO ONS\* IS IMPORTANT TO SUPPORT PATIENT CLINICAL OUTCOMES<sup>1</sup> YET NEARLY HALF OF PATIENTS ON ONS MAY NOT ADHERE TO THEIR PRESCRIPTION<sup>2</sup>



**20%**

discontinued their ONS  
due to **flavour fatigue**<sup>3</sup>



**25%**

of older adults **reduce their dietary  
intake** of dairy for various reasons,  
e.g. taste, intolerance, lifestyle<sup>4</sup>



\*Oral Nutritional Supplements

1. Cawood, et al. Ageing Research Reviews. 2023;101953. 2. Kennelly, et al. J Hum Nutr Diet. 2009 22(6): 511-520.

3. Lester et al, A Literature Review. J Nutr Health Aging. 2022;26(7):663-674.

4. Chollet, et al. Journal of Dairy Science. 2014 97(9):5387-5392.

# INTRODUCING FORTIMEL PLANTBASED PROTEIN

High protein, high energy, plant-based formulation with sweet and NEW savoury flavours, designed to fit within patients' daily routine.<sup>1,2</sup>



200 ml bottle



## High Protein, High Energy

20g high quality plant protein,  
from soy and pea sources (PDCAAS 1)\*  
400 kcal per 200 ml bottle



## Designed to be easy to include in daily routines<sup>2</sup>

4 new sweet & savoury flavours  
provide taste variety<sup>2</sup> to  
support adherence<sup>1,9,10</sup>



## High Vitamin D

20 µg of vitamin D in 2 servings  
in line with guidelines for patients  
and older adults<sup>3,4</sup>



## Evidence Based Solution

Highly complied with (95%), well tolerated  
and patients achieved improvement  
in nutritional intake and status<sup>1</sup>

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\* Fortimel PlantBased Protein 2 kcal/ml contains a blend of high-quality plant protein made from soy & pea sources which meet the FAO 2013 recommended amino acid reference pattern for adults and has a PDCAAS of 1.<sup>5,7</sup> A protein source with a PDCAAS  $\geq 1$  is considered high quality.<sup>8</sup>

**FAO:** The Food and Agriculture Organization; **PDCAAS:** Protein Digestibility Corrected Amino Acid Score. | **1.** Delsoglio et al; ESPEN 2024 Abstract Submission, ESPEN24-LB-2626. **2.** Product evaluation with n=420 healthy adults above 40 years old (2023, Spain & UK). **3.** Berger, et al. Clin Nutr 2022;41(6):1357-424. **4.** IOM. The National Academies Press; 2011. **5.** Rutherford, et al. J Nutr. 2015;145:372-9. **6.** Yang, et al. Agro Food Ind Hi Tech. 2012;23:8-10. **7.** Report of an FAO Expert Consultation. 2013. **8.** Huang, et al. Crit Rev Food Sci Nutr. 2018;58:15:2673-8. **9.** Hubbard, et al. Clin Nutr. 2012;31(3):293-312. **10.** Volkert, et al. Clin Nutr. 2022;41(4):958-989

# DISCOVER OUR RANGE WITH SAVOURY AND SWEET FLAVOURS

Using Fortimel PlantBased Protein to **bring variety into your patient's diet**



Pineapple Coconut

Cappuccino



Pea Mint

Pumpkin Carrot Ginger

Recommended to patients as a warm option or a drink



COMING SOON

Scan the QR code and order your tasting kit today!

