



BASIC:
ASSIST(1) & YALE(2) PROTOCOLS



INTERMEDIATE:
GUGGING SWALLOW SCREEN (GUSS)



ADVANCED:
FIBEROPTIC ENDOSCOPY PROTOCOL

SUITABLE HCP

Nurses in stroke units with limited time/resources to assess acute stroke patients

Nurses and/or swallow specialists in stroke units with moderate time/resources to assess acute stroke patients

SLTs and/or specialist clinicians in stroke units with access to FEES medical imaging equipment and trained in its use

DESCRIPTION

Simple bedside screening tools that involve a functional assessment of the patient, including a water swallow challenge

Bedside screening tool that uses foods/liquids of varying consistency to help determine the severity of swallowing impairment

Specialized method for swallowing assessment after acute stroke that grades severity by visualizing the swallowing process directly in response to foods/liquids of varying consistency

AIM

Identify aspiration risk, the most appropriate medical nutrition feeding route, and possible need for additional specialist assessment

Identify aspiration risk, the most appropriate feeding route/consistency, and the possible need for additional specialist assessment

Provide direct visualization of the oropharynx and advise the most appropriate feeding route/consistency to be used

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